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Meeting: EAP Health & Wellbeing and Vulnerable People

Date: Friday 8th April, 2022

Time: 9.30 am

Venue: Members' Room, Corby Cube, George Street, Corby, NN17 1QG

To members of the EAP Health & Wellbeing and Vulnerable People

Councillors H Harrison (Chair), Harrington, Lawal, McGhee, Roberts, Shacklock and Smith-Haynes

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Adele Wylie, Monitoring Officer North Northamptonshire Council

Proper Officer

4 April 2022

This agenda has been published by Democratic Services.

Committee Administrator: Francesca McHugo

207776634147

francesca.mchugo@northnorthants.gov.uk

Members' Declarations of Interest

Members are reminded of their duty to ensure they abide by the approved Member Code of Conduct whilst undertaking their role as a Councillor. Where a matter arises at a meeting which **relates to** a Disclosable Pecuniary Interest, you must declare the interest, not participate in any discussion or vote on the matter and must not remain in the room unless granted a dispensation.

Where a matter arises at a meeting which **relates to** other Registerable Interests, you must declare the interest. You may speak on the matter only if members of the public are also allowed to speak at the meeting but must not take part in any vote on the matter unless you have been granted a dispensation.

Where a matter arises at a meeting which **relates to** your own financial interest (and is not a Disclosable Pecuniary Interest) or **relates to** a financial interest of a relative, friend or close associate, you must disclose the interest and not vote on the matter unless granted a dispensation. You may speak on the matter only if members of the public are also allowed to speak at the meeting.

Members are reminded that they should continue to adhere to the Council's approved rules and protocols during the conduct of meetings. These are contained in the Council's approved Constitution.

If Members have any queries as to whether a Declaration of Interest should be made please contact the Monitoring Officer at — monitoringofficer@northnorthants.gov.uk

Press & Media Enquiries

Any press or media enquiries should be directed through the Council's Communications Team to NNU-Comms-Team@northnorthants.gov.uk

Public Enquiries

Public enquiries regarding the Authority's meetings can be made to democraticservices@northnorthants.gov.uk

Public Document Pagenda Item 4



Minutes of a meeting of the EAP Health & Wellbeing and Vulnerable People

At 9.30 am on Friday 4th March, 2022 in the Held as Council Chamber, Cedar Drive, Thrapston, NN14 4LZ

Present:-

Members

Councillor Helen Harrison (Chair)
Councillor John McGhee
Councillor Geoff Shacklock

Councillor King Lawal (09:36) Councillor Russell Roberts

Officers

David Watts – Executive Director Adult's Communities & Wellbeing John Ashton – Interim Director of Public Health Hazel Webb – Strategic Lead – Communities and Wellbeing Anne Rackham – Senior Responsible Officer, NHFT Morgan Price – Programme Manager, NHS Francesca McHugo – Democratic Services

Also in attendance - Councillor A Mercer, Executive Member Housing & Community

74 Chair's Announcements

The Chair opened the meeting at 09:36 am and welcomed members and officers to the meeting. Anne Rackham and Morgan Price were introduced to the Panel.

75 Apologies for absence

No apologies were received.

76 Members' Declarations of Interest

The Chair invited those who wished to do so to declare any interests in respect of items on the agenda.

No declarations of interest were received.

77 Minutes of the Meeting Held on 28 January 2022

Councillor Harrison requested that the following typographical errors be corrected;

- 'are' to be amended to 'care' on page 7 paragraph 8 and;
- that LWF be corrected to LRF.

It was AGREED:

That with the amendments above, the minutes of the Health, Wellbeing & Vulnerable People Executive Advisory Panel held on 28 January 2022 be approved as a true and accurate record of the meeting.

78 NHCP - Mental Health, Learning Disabilities and Autism Programme

The full presentation had formed part of an earlier Panel discussion at the meeting held 28 January 2022. Members welcomed the opportunity for discussion with the Northamptonshire Health and Care Partnership (NHCP) team.

A Rackham outlined the road map for services alongside the agreed vision for the Mental Health Collaborative which set 'to coproduce seamless, responsive pathways of integrated mental health and care services across Northamptonshire.' The presentation indicated a left shift from a crisis NHS response in Mental Health to a preventative approach through Community and Voluntary Services.

Members requested a list detailing current and future joint commissioning opportunities. It was agreed that an existing list would be circulated to members of the Panel.

M Price outlined the phased approach to contracts and emphasised the time and space needed for the system to come together. Members were directed to the tranches of implementation which highlighted Adult Mental Health as a first tranche service. The remainder of services would be decided upon when assessments were made over the feasibility and safety of implementation at a given time.

The Panel considered the overview of the NHCP Mental Health Collaborative and raised the following principal points:

- i. Northamptonshire Healthcare NHS Foundation Trust (NHFT) as a lead provider could lead to perceived conflicts of interest, despite being the best placed host provider at present. Consideration should be given by the Integrated Care Board (ICB) as to how this would work with the collaborative Integrated Care System (ICS).
- ii. The ICB should use its assurance processes to oversee contract changes/chares.
- iii. Budget stability and support for the Voluntary Sector should be a priority.
- iv. The flow of financial support in response to need seen within Health & Social Care should be replicated at all levels.
- v. The flow of resources for Mental Health should be more fluid to provide a stronger offer for children.
- vi. Barriers to contacting the right person at the right time should be removed.
- vii. A single narrative across services and collaboratives is essential for improving Mental health.

- viii. Data profiling should be developed to look at user experience and waiting times.
- ix. A full integration between mental and physical health should be considered.
- x. Feedback following a review of successes and learning gained would be beneficial to track annual process, focussing on 'I Can' statements

It was AGREED:

a) That the Panel noted the Case for Change for the NHCP Mental Health Collaborative.

xi. Strategic Voluntary Sector Grant Arrangements

The Panel considered a report presented by the Strategic Lead for Communities and Wellbeing which detailed the current funding arrangements between the Council and VCSE organisations inherited from the sovereign councils.

Members were asked to comment on the proposal to continue with the current funding arrangements for a two-year extension. The scope of the extension included the opportunity to strengthen the Performance Indicators and to review the project briefs and Grant Agreements.

Members were directed to note the specialist support outlined at Appendix 1 and consider the links with corporate priorities.

During discussion, the Panel raised the following principal points:

- i. The programme of work provided a good opportunity for disparity in funding across former sovereign council areas to be addressed.
- ii. There should be an addition in funding to account for inflation.
- iii. Any change should form a controlled and phased approach to mitigate shock to the Voluntary Sector budgets.
- iv. The works should seek to design a system to address the identified gap between applications considered at the grants panel and those that are decide by the Executive.
- v. During the two year period a comprehensive review of organisations should be undertaken
- vi. Expertise should be shared to support both charities and the Voluntary Sector within North Northamptonshire.
- vii. Core funding is essential to the organisations and revenue based grants should be considered going forward.
- viii. Assets and access to expertise should also be considered as a resource alongside financial support packages.

Councillor A Mercer thanked members for taking time to consider the scope of work and welcomed the feedback from the Panel.

It was AGREED that the Panel:

- a) Noted the proposed programme of work to develop a Communities Strategy and framework which set out our future relationships and working arrangements with the VCSE.
- b) Noted the extension of current strategic grants for the financial years 2022-23 and 2023-24.

80 Forward Plan of Executive Items

The Panel received the Executive Forward Plan covering the period 1 March 2022 to 30 June 2022.

It was AGREED that the Executive Forward Plan of items be noted.

81 Work Programme

Members reviewed the forward list of items for future consideration by the panel.

It was AGREED that the work programme of the Health, Wellbeing & Vulnerable People EAP be noted.

82 Updates and Alerts

The Executive Director Adults, Communities and Wellbeing provided updates on the Afghan Resettlement Programme and the Council's response to the situation in Ukraine.

Members noted that two families had now been placed within North Northamptonshire and were settling in well. Language support had been accessed and steps were being taken to transfer recognised skills for employment.

The council had received no direct contact requesting support for the citizens in Ukraine. It was noted that the council worked with the Regional Migration Partnership and would be ready to act as needed.

It was AGREED that:

The updates on the following items be noted:

- i. Afghan Resettlement Programme
- ii. North Northamptonshire Council's response to Ukraine

83 Close of meeting

Chair	
 Date	

The meeting closed at 11:42 am

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Northamptonshire Health and Care Partnership

Social Prescribing at scale across Northamptonshire

EAP Health & Wellbeing and Vulnerable People –

Stuart Mallett





Our population challenge

Our county is home to nearly 750,000 people, who all lead different lives, have different views of the world and have different health and care needs. It is important to recognise that as our population ages and changes, our care services and processes need to change with them. Our NHS and social care system is not currently able to meet the level and complexity of demand and need within our population. Because of this, we are changing our ways of working, to support the needs of our communities today, and to plan for the needs of our citizens tomorrow.

The changing needs of our population

- We expect the overall population of Northamptonshire to grow 4% by 2024 and 7% by 2029 above the national everage. The biggest increase will be in older people aged over 65 – a 27% increase by 2029. Older people are more well to be frail or have long-term health conditions.
- 湫e also expect a 6% increase in the number of school age children by 2024. Children have particular health and care needs so we need to make sure we are giving them the best possible start in life.
- People living in deprivation are more likely to experience poorer health and wellbeing. In Northamptonshire, more than 105,000 people are living in the 20% most deprived areas of the country.
- People living in the poorest parts of Northamptonshire have a shorter life expectancy and will live 13 fewer years in good health than in richer areas
- Our county has high rates of unhealthy behaviours such as smoking, poor diet and lack of physical activity, and this also shapes local need for health and care services
- We have high levels of unwarranted clinical variation that leads to worse outcomes for some in our population

In total, 68.8% of live in 'urban city and town' areas. 20.1% live in areas classified as 'rural town and fringe' and 11.1% in 'rural villages and dispersed areas¹²⁸.

Social Isolation

The proportion of people who use health and social care services in Northamptonshire who report that they had as much social contact as they would like (44%*) is similar in Northamptonshire compared to the national average (46%).

Only 1 in 3 (32%*) adult carers in Northamptonshire also reported they had as much social contact as they would like.

Source: MEL Northamptonshire Mental Wellbeing Survey 2016 Final Report 18th May 2016.

Personal Wellbeing

Llfe satisfaction Worthwhile







scored 7.8 out of 10 (UK 7.9)



Happy

yesterday

scored 7.5 out of 10



Anxious

scored 2.6 out of 10 (England 2.8) (UK 7.6)

Source: Northants scores from ONS Personal Wellbeing 2019 Northamptonshire Data

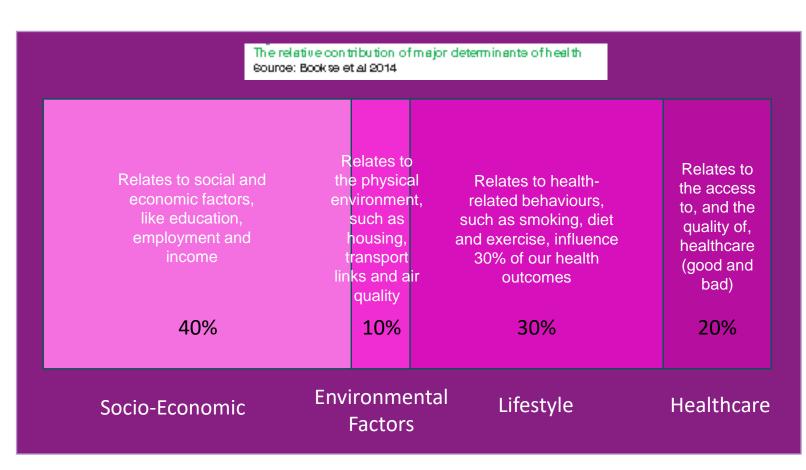
Wider determinants challenge

Our health is determined by our genetics, lifestyle, the healthcare we receive and our wider economic, physical and social environment. Although estimates vary, these wider determinants of health have the dargest impact.

To mable our communities and residents to truly flourish, we need to understand what drives our health and wellbeing. The circumstances in which people are born, grow, live, work and age provide the foundations for people to live healthy or unhealthy lives.

To make sure that our towns, villages, communities and economy are all having a positive impact on health and wellbeing, and not limiting residents' ability to thrive, we will look to 'left-shift' our health and care provision and can employ a "Health in all Policies" approach.

By taking a 'Health in all Decisions' approach, across our ICS, we can create environments that support and encourage our population to make positive health choices

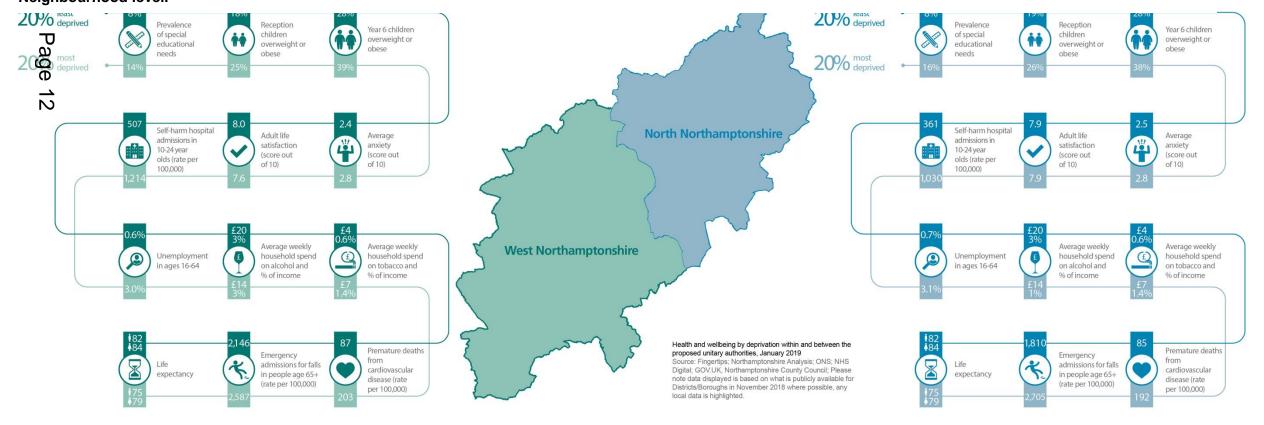


The NHS will need to support the broader economic and social development agenda



Health inequalities challenge at place

Where you were born in Northamptonshire makes a difference to how long you are likely to live. A male in Northamptonshire can expect to live an average of 80 years and a female an average of 83 years. This is similar to the national average. However, males born in the most deprived part of Corby have an average life expectancy of 73 years, compared to males born in the wealthier area of Spratton who live an average of 83 years. Similarly, females born in Corby Central live to an average age of 78, while others born in Towcester Mill live to an average age of 87. The diagram below shows the differences in life expectancy and lifestyle risk factors at place level (North & West Northamptonshire. Whilst noting the figures appear to be similar at this level, as described in the example above the variation and differences become larger when comparing at Locality and Neighbourhood level.



How can we help people to help themselves and bend the trend from medicalisation to socialisation?







What is Social Prescribing?

What is Social Prescribing?

Social Prescribing (or 'Community Referral') is a way for practices to refer patients with social, emotional or practical needs to a wider range of non-clinical and local services to support patients.

Who is Social Prescribing for?

There is no defined list of who you should prescribe for, but several recent pilots in the UK have benefited patients with these characteristics:

History of mental health problems

Frequent GP clinic attendees

Two or more Long-Term Conditions (LTCs)

Socially Isolated

Untreatable or poorly-understood LTCs (e.g. chronic fatigue, IBS)

Patient not benefiting from clinical or drug treatment

What are the benefits?

- A better outcome for the patient
- Less use of GP appointments
- Clinicians can focus on medical issues
- Increase of the range of services offered in and outside the practice
- A more 'holistic' care package for patients in need
- More cost-effective use of practice resources



Social Prescribing – A Short Summary of Our Programme



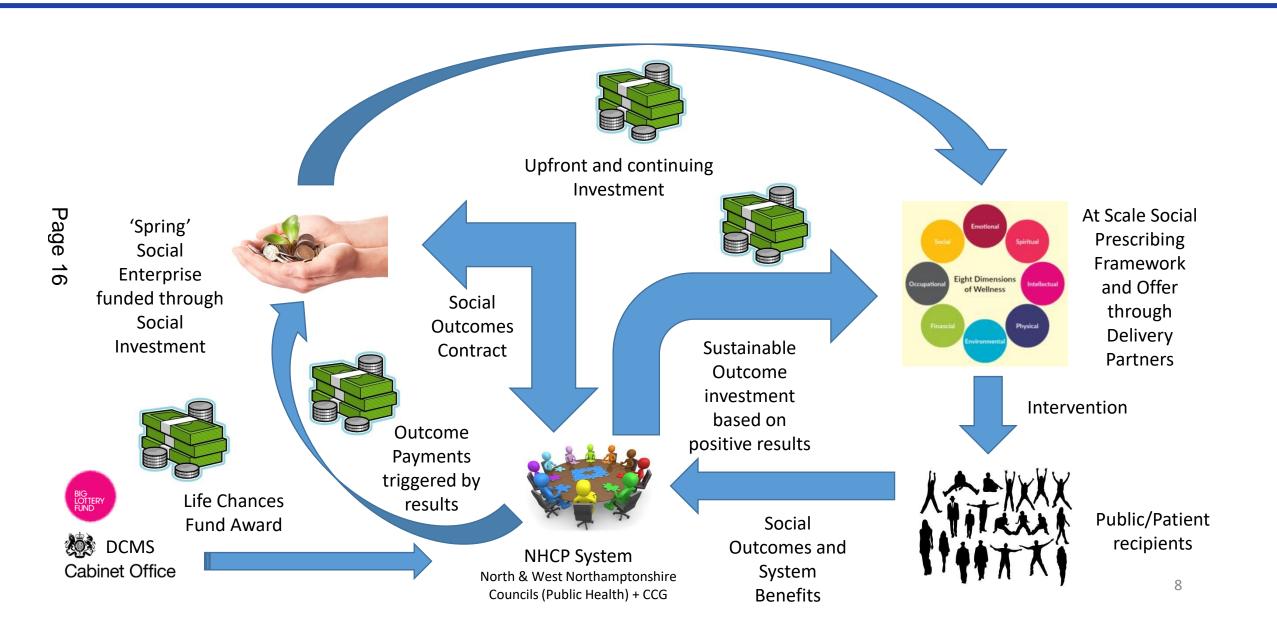
- Our programme will encompass a range of support, in the community and in some cases commissioned, to supplement mental and physical health and wellbeing prevention and treatment services through a wide range of non-clinical social, emotional or practical schemes.
- It is our objective to build sustainability and resilience in our communities and the VCSE sector through developing county-wide collaborative services that operate consistently and at scale.
- The necessary processes and actions to develop protocols and provide continuing and acceptable quality assurance to referrers is also in the process of being established.
- > At the heart of our Link Worker-led framework will be a personal consultation and/or motivational interview.
- Our programme will be focused on those with greatest need and likelihood of benefiting. Our cohort focus is People living with Long Term Conditions; People with Mental Health and Wellbeing issues; Support for Carers; People living in social isolation and individuals affected psychosocially as a result of the current pandemic
- Our offer will involve sourcing a variety of schemes that are typically, though not exclusively, provided by VCSE organisations.





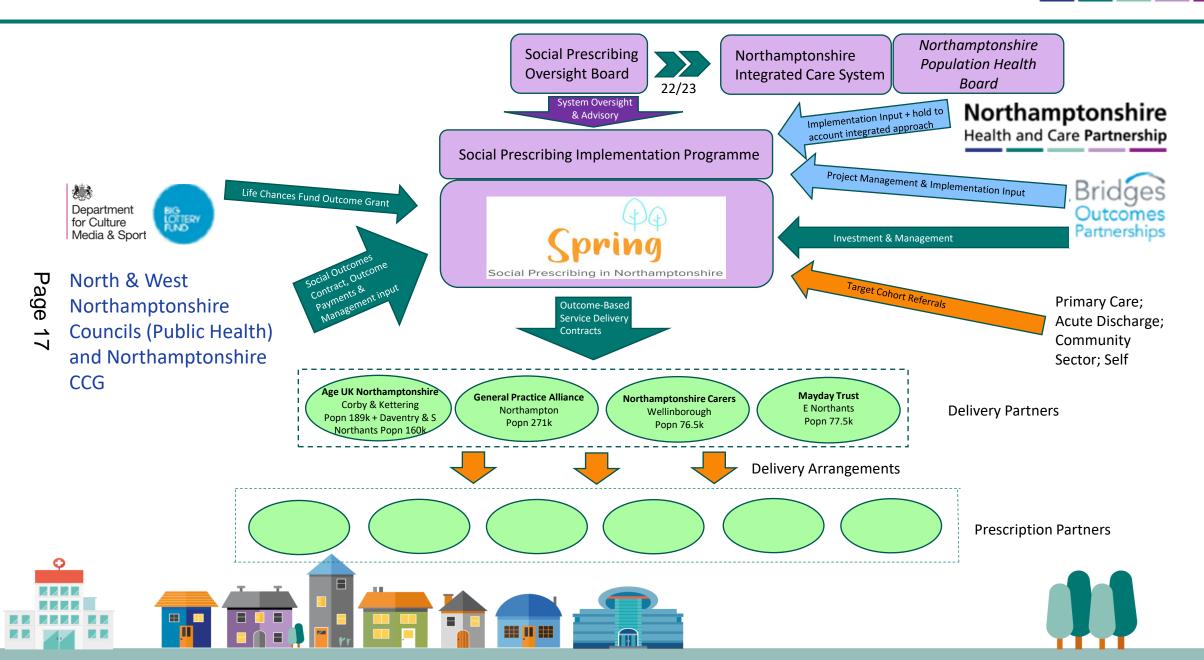


What does the Northamptonshire funds flow look like under our Social Outcomes Contract model?



Mobilisation Governance Structure (1/2)





Mobilisation Governance Structure (2/2)



Two tiers of partners:

- > Tier One Locality-based delivery partner engaged via an outcomes-based service delivery contract
- ➤ Tier Two Social prescription provider partner

Delivery Partners

Employ geographically distributed link workers, under a co-location model, under which a link worker may spend time within a GP practice or community hub. Link workers will be the point of access for beneficiaries, and will

- > Provide an initial assessment and facilitate completion of the Wellbeing Star for self-help with Long Term Conditions
- > Goal plan to determine the activities required from social prescription provider partners and initiate referrals
- Monitor patient progress and complete multi-stakeholder social prescription completion report and ongoing plan
- Assist in developing the knowledge base around interventions that work
- Support VCSE scale and capacity growth, co-creation and co-production through Asset-Based Community Development and increased volunteering

Provider Partners

In each PCN area we will look to have a network of social prescription provider partners that will receive referred clients and deliver the social prescription.

Provider partners will deliver specific support (one to one or in groups), eg:

- Exercise, Weight Management and Healthy eating
- Mental health, Anxiety, Stress, Depression & Low Mood and Social Isolation
- > Smoking, Drugs, Alcohol and other Addictive Behaviour
- Debt/money management, Housing, Benefits, Employment and Volunteering

If there is an identified delivery need within a PCN, but there is no availability of that service, we would aim to make it available through partner development.



Spring's role in Northamptonshire

Individuals with **any long term health condition (LTC)** can access Spring. We will work with individuals for between **6 and 12 months**, depending on need...

...with the aim of helping individuals better manage their health by:

- Providing holistic and person centred support through our SPLW team.
- Coaching and motivating individuals in adopting healthier lifestyles and methods to better manage their LTC.
- Helping individuals to access specialist services and community support.
- Providing resources to facilitate better health through our Well-being
 Action Fund.



For example...

Person A:

- Started with telephone appointments to start building trust. After three appointments, A agreed to a visit at home, where she felt most at ease.
- With the support of Social Prescribing Linker Worker (SPLW), A set goals on her Wellbeing Star (WBS) which included looking for employment. Although A had previously been in employment, she had not attended a formal interview.
- The SPLW supported A to contact Mind which could help with her anxiety and interviewing techniques. Although her anxiety is still quite high, A is hopeful to overcome this with support and working on achievable goals.

Person B:

- Suffered a brain injury and moved to enjoy a quieter place to live, but now feels isolated. B would like to attend local social groups. One of his goals is to return to employment but would like help as has struggled to retain employment. He now feels that he has come to terms with his brain injury and is managing this quite well.
- Together with the support of the SPLW, B completed the WBS to explore his interests and see what employment support is available. He is working towards goals to reduce his isolation and improve his confidence.



Our goals...

Spring's success will be measured through 3 outcomes

Improve overall wellbeing Improve mental health GP attendance



Social Prescribing

Questions

&

Discussion

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North Northamptonshire Council

1 APRIL 2022 TO 31 JULY 2022

Published by: Democratic Services

Leader of North Northamptonshire Council: Councillor Jason Smithers

INTRODUCTION

This is the North Northamptonshire Council's Forward Plan. It is published pursuant to The Local Authorities (Executive Arrangements) (Meetings and Access to Information) (England) Regulations 2012. Its purpose is to provide the required 28 days notice of the Council's intention to take 'key decisions' and to hold meetings or parts of meetings in private. It gives advance notice of all the "key decisions" and "exempt decisions" which the Executive or another body or officer so authorised are likely to take over a four month period. The Plan is updated on a rolling monthly basis.

The Members of the Executive a	re:
Councillor Jason Smithers	Leader of North Northamptonshire Council
Councillor Helen Howell	Deputy Leader of North Northamptonshire Council Sport, Leisure, Culture and Tourism
Councillor Helen Harrison	Adults, Health and Wellbeing
Councillor Scott Edwards	Children, Families, Education and Skills
Councillor Harriet Pentland	Climate and Green Environment
Councillor Lloyd Bunday	Finance and Transformation
C ncillor David Brackenbury	Growth and Regeneration
Councillor Graham Lawman	Highways, Travel and Assets
Conncillor Andy Mercer	Housing and Community
Councillor David Howes	Rural Communities and Localism

The concept of a "key decision" is intended to capture the most important or significant decisions. "Key decisions" will normally be made at meetings open to the press and public. The press and public will only be excluded from such meetings as and when the Council's Monitoring Officer considers that this is necessary in order to avoid the public disclosure of confidential or exempt information.

The authority has decided that a Key Decision is one which is likely:-

- (a) to result in the authority incurring expenditure of which is, or the making of savings which are, significant; or
- (b) to be significant in terms of its effects on communities living or working in an area comprising two or more electoral wards in the area of the authority."

The Council has decided that significant expenditure or savings are those amounting to above £500,000.

In determining the meaning of "significant" for these purposes North Northamptonshire Council will also have regard to any guidance for the time being issued by the Secretary of State in accordance with section 9Q of the Local Government Act 2000.

At times it may be necessary for the North Northamptonshire Council to give consideration to items where the public may be excluded from the meeting. Members of the public are excluded from meetings whenever it is likely that, in the view of the nature of the business to be transacted or the nature of the proceedings that confidential information would be disclosed. This includes exclusion from access to any pertinent documents. Details of the exemption categories can be found in the 'Access to Information Procedure Rules' section in the Council's Constitution. This plan provides advance notice of any items which may be held in private.

Paragraph 5 of the Local Authorities (Executive Arrangements) (Meetings and Access to Information) (England) Regulations 2012 provides for members of the public to make representations to the Council on why an exempt item should be considered in public, rather than in private. Persons wishing to make such representations and/or obtain further details in respect of any issues referred to in the Plan should contact the undermentioned officer.

The Monitoring Officer may also include in the Forward Plan references to such other decisions, which are to be taken by the Council or any of its Committees or Sub-Committee or officers as they consider appropriate. These will be those decisions that are considered to be significant or sufficiently important and/or sensitive so that it is reasonable for a member of the public to expect it to be recorded and published.

All general questions or queries about the contents of this Forward Plan or about the arrangements for taking key decisions should be raised with David Pope, Democratic Services.

April 2022

Subject of the Decision:	Decision Maker	Is it a key decision?	Will it contain exempt information? /Reasons for exemption, if any	Consultation undertaken	Anticipated Date of Decision:	Report Author	Support documents (if any)
Budget Forecast Update 2021/22	Executive	Yes	No		14 Apr 2022	Executive Director of Finance	
Capital Programme Update 2021/22	Executive	Yes	No		14 Apr 2022	Executive Director of Finance	
Accoption of the Cottingham Neighbourhood Plan	Executive	Yes	No		14 Apr 2022	Executive Director – Place & Economy	
Procurement of a CRM on a Low Code Platform	Executive	Yes	No		14 Apr 2022	Executive Director - Adults, Communities and Wellbeing	
Buses – Enhanced Partnership and Update on Funding	Executive	Yes	No	Yes	14 Apr 2022	Executive Director – Place & Economy	
Adoption of the North Northamptonshire Statement of Community Involvement (SCI)	Executive	Yes	No	Yes	14 Apr 2022	Executive Director – Place & Economy	

May 2022

Subject of the Decision:	Decision Maker	Is it a key decision?	Will it contain exempt information? /Reasons for exemption, if any	Consultation undertaken	Anticipated Date of Decision:	Report Author	Support documents (if any)
Capital Programme Update 2021/22	Executive	Yes	No		19 May 2022	Executive Director of Finance	
Budget Forecast Update 2021/22	Executive	Yes	No		19 May 2022	Executive Director of Finance	
Horsing Development - Former Grange Methodist Church Site, Kettering	Executive	Yes	No Part exempt Paragraph 3	Yes	19 May 2022	Executive Director - Adults, Communities and Wellbeing	
Priors Hall Golf Course	Executive	Yes	No		19 May 2022	Executive Director - Adults, Communities and Wellbeing	
Towns Fund – Train Station to Town Centre Link Road & Smart and Connected Corby Combined Projects	Executive	Yes	No		19 May 2022	Executive Director – Place & Economy	
Towns Fund – Multi-use Building	Executive	Yes	No		19 May 2022	Executive Director – Place & Economy	
Rough Sleeping Initiative 2022-2025	Executive	Yes	No	Yes	19 May 2022	Executive Director - Adults, Communities and Wellbeing	

Community Asset Transfer Policy	Executive	Yes	No	19 May 2022	Executive Director – Place & Economy	
Asset of Community Value Policy	Executive	Yes	No	19 May 2022	Executive Director – Place & Economy	
Stanton Cross Development of Governance Arrangements	Executive	Yes	No	19 May 2022	Executive Director – Place & Economy	

June 2022							
Subject of the Decision:	Decision Maker	Is it a key decision?	Will it contain exempt information? /Reasons for exemption, if any	Consultation undertaken	Anticipated Date of Decision:	Report Author	Support documents (if any)
Capital Programme Update 2021/22	Executive	Yes	No		16 Jun 2022	Executive Director of Finance	
Budget Forecast Update 2021/22	Executive	Yes	No		16 Jun 2022	Executive Director of Finance	
Tree Strategy and Policy	Executive	Yes	No		16 Jun 2022	Executive Director – Place & Economy	
Pollinator Strategy	Executive	Yes	No		16 Jun 2022	Executive Director – Place & Economy	

July 2022

Subject of the Decision:	Decision Maker	Is it a key decision?	Will it contain exempt information? /Reasons for exemption, if any	Consultation undertaken	Anticipated Date of Decision:	Report Author	Support documents (if any)
Capital Programme Update 2021/22	Executive	Yes	No		14 Jul 2022	Executive Director of Finance	
Budget Forecast Update	Executive	Yes	No		14 Jul 2022	Executive Director of Finance	
Garden Waste: Future Service Provision	Executive	Yes	No		14 Jul 2022	Executive Director – Place & Economy	

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Executive Advisory Panel Health Wellbeing & Vulnerable People

May							
Item	Objective	Lead Officer	Partner Organisations				
Community Assets Transfer Policy	To consider the Community Assets Transfer Policy and provide feedback to the Executive	Assistant Director Assets and Environment					
ထိုough Sleeping Initiative 9022 - 2025 ယ	To provide feedback to the Executive on the Council's Rough Sleeping Initiative for 2022 - 2025	Executive Director - Adults, Communities and Wellbeing					

Further items with date to be confirmed:

- Children's and Young People's Collaborative
- Integrated Care Systems June/July

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